Check out these downloadable, sports-related lesson plans for grades 6–10!

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All lesson plans follow Common Core standards and project-based learning theories.
What proportions and measurements are involved in the design of a sports field? How is geometry involved?

Write a creative story inspired by a piece of sports equipment or memorabilia.

What words are associated with sports in Spanish, French, or German? Are there sports-specific expressions in those languages?

Are there turning points in your favorite sport? When did they occur and what else was going on in America or the world at the time?

What novels are there on sports and what themes do they address?

How is physics at work in this game? What systems of the human body are being used? Are there any negative practices in your favorite sport that are harmful to a player’s health?

What properties of physics can you observe in this game? How is physics involved in the design of a sports field? How is climate a factor in the design?

Are there any new sports played in your community? What sports did your parents and grandparents play? How long have those sports been popular in your community?

Write a rulebook explaining a new sport. What chapters would it include? What evidence would you use to explain why rules are needed in the sport?

How would you design a scoring system for a new sport?